



Out-of-School Time Professional Development Day For Iowa's Afterschool Leaders

*Made possible by the Iowa 21st Century Community Learning Centers supported by
the Iowa Afterschool Alliance and the Iowa Department of Education*

September 26, 2019
Best Western Plus Dubuque Hotel
3100 Dodge St., Dubuque, IA 52003

8:30 – 9:50 21CCLC FY2020 RFA Technical Assistance Session (Open to all)

FY2020 21st Century Community Learning Centers Request for Applications (RFA)
Vic Jaras, Consultant, Iowa Department of Education

10:00 – 10:30 Welcome and Introductions

10:40 – 11:40 Breakout Session #1

A: Brain State Basics

Sara Gansemer, Taylor Noel and Ron Paar, St. Mark Youth Enrichment

This session is an overview of the brain and will train attendees on how to troubleshoot student behaviors and teach students regulation skills. The session is applicable for anyone who works directly with students. St. Mark leaders present the content as a "train the trainer" session so attendees walk away with tools to take back to train their site staff on how to deal with student behaviors.

B: An Author's Journey and Benefits of an Author Visit

Kurt Wagner, Author

Iowa is home to many authors who love to visit school programs and share their passion for writing with youth. This session will feature local author Kurt Wagner who will share stories and photos of visits that he has done with programs. He will also describe some of the experiences that he has had in his journey of becoming an author. This session will help you envision what it would be like to bring an author to your program and what youth can learn about the profession. (<https://www.anthonymouse.com>).

11:50 – 12:50 Working Lunch

1:00 – 2:00 Breakout Session #2

A: Streamline Your Efforts: Boosting Family Engagement

Mallory Riesberg, Central Iowa OST Enrichment Coach

How many times have you thought about everything on your to do list and just thought "there is not enough time in the day"? Between program planning, managing a budget, scheduling community partners, working with staff and students, and the millions of other things we do it can be overwhelming to think about anything outside of the afterschool program hours. Often, this can make engaging families a challenge. In this session, we will discuss a variety of family engagement strategies as well as how to streamline your efforts to build in the family engagement piece in your programming while providing a meaningful and authentic experience for your students and their families.

B: Connecting Literacy and Hands-on Learning; Ideas and Resources

Chrissy Rhodes, Iowa Agriculture Literacy Foundation

Literacy is important, and so is keeping your students engaged! Learn about literacy resources, like the My Family's Farm book series and Iowa Ag Today magazines, and ideas for using them in programming. Participants will also engage in hands-on activities that pair with these materials and meet Iowa Core standards. Get ready to generate ideas and gain useful resources in this engaging session.

2:10-3:10

Breakout Session #3

A: Literacy in OST Programs

Theresa Slaughter, Central Iowa OST Enrichment Coach

In this session, participants will be given another perspective on ways literacy is all around us. Participants will be led through group discussions that will contribute to a standard definition for what literacy can be along with various hands-on activities.

B: Physical Literacy – Moving Toward Success for All Students

Ed Thomas

Physical literacy is a vital component of childhood education, and directly associated with cognitive and affective development. At the individual level, we can predict nothing in his regard, but, when we look across thousands of children, the mind/body/emotion link clearly comes into view. Like other disciplines, physical literacy must be taught in an orderly, safe, and meaningful way. This workshop aims at helping you shape the physical literacy experience to fit the needs of all students.